



# GDOE Middle & High Schools

# OCT

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

National School Lunch Week

October 13-17

Taste the World



Breakfast  
Croissant  
Scrambled Eggs  
Fruit

Lunch  
Corn Dog or  
Hot Dog  
Smile Fries  
Tropical Fruit Mix

Breakfast  
Sausage & Cheese  
Biscuit Sandwich  
Fruit & Juice

Lunch  
Chicken Drumstick or  
Popcorn Chicken  
Red Rice  
Salad

Breakfast  
Breakfast on a Stick  
Fruit

Lunch  
Cheese Pizza or  
Pepperoni Pizza  
Daily Vegetable  
Fruit

A Variety of Fruits and Vegetables are offered weekly including Fresh, Frozen and Canned

Breakfast  
Stuffed Bagel  
Fruit

Lunch  
Salisbury Steak  
w/ Rice & Gravy  
or Corn Dog  
Daily Vegetable  
Mandarin Oranges

Breakfast  
Breakfast Pizza  
Fruit & Juice

Lunch  
Teriyaki Chicken w/  
Yakisoba or  
Rice  
Beans  
Fruit

Breakfast  
Mini Pancakes  
Fruit

Lunch  
Cheesburger or  
Hamburger  
Potato Wedges  
Fruit

Breakfast  
Biscuit Sandwich w/  
Mini Chicken  
Fruit & Juice

Lunch  
Chili w/ Hot Dog or  
Teriyaki Beef Dippers  
Rice  
Vegetable

Breakfast  
Sausage & Rice  
Fruit

Lunch  
Cheesy Breadsticks w/  
Marinara or  
Turkey and Cheese Sandwich  
Vegetable & Fruit

Cold Cereal is offered daily (except Thursday) as a 2nd breakfast Option

Breakfast  
Muffin  
Fruit

Lunch  
Lunch from Korea  
Beef Bulgogi  
Rice  
Daily Vegetable  
Fruit

Breakfast  
French Toast Sticks  
Fruit & Juice

Lunch from Mexico  
Chicken Nachos  
w/ Cheese Sauce  
Black Beans  
Fruit

Breakfast  
Breakfast on a Stick  
Fruit

Lunch from China  
Orange Chicken  
Rice  
Daily Vegetable  
Fruit

Breakfast  
English Muffin Sandwich  
w/ Sausage & Cheese  
Fruit & Juice

Lunch from Italy  
Spaghetti w/ Meatballs  
Ceasar Salad  
Fruit

Breakfast  
Pork Fried Rice  
Fruit

Lunch from USA  
Popcorn Chicken Bowl  
Mashed Potatoes & Gravy  
Roll & corn  
Fruit

All meals meet USDA requirements for Healthy, Hunger Free Children

Breakfast  
Stuffed Bagel  
Fruit

Lunch  
Cheesy Breadsticks w/  
Marinara or  
Pepperoni Pizza  
Daily Vegetable  
Fruit

Breakfast  
Breakfast Pizza  
Fruit & Juice

Lunch  
Orange Chicken or  
Spicy General Tso's Chicken  
Vegetable  
Fruit

Breakfast  
Mini Pancakes  
Fruit

Lunch  
Hot Dog or  
BBQ Pork Rib Patty  
Pork and Beans  
Fruit

Breakfast  
Croissant Sandwich w/  
Egg & cheese  
Fruit & Juice

Lunch  
Bistek or  
Chicken Estufao  
Rice  
Vegetable & Fruit

Breakfast  
Benefit Bar  
Fruit

Lunch  
Breaded Chicken Sandwich  
Regular or Spicy  
Potato Wedges  
Fruit

At lunch, you are required to take a fruit or vegetable and at least 2 other items (Milk is optional)

Breakfast  
Muffin  
Fruit

Lunch  
Chicken Alfredo Pasta or  
Penne w/ Spaghetti Sauce &  
Meatballs  
Vegetable  
Fruit

Breakfast  
French Toast Sticks  
Fruit & Juice

Lunch  
Beef or Pork Nachos  
w/ Cheese Sauce  
Black Beans  
Fruit

Breakfast  
Croissant  
Scrambled Eggs  
Fruit

Lunch  
Corn Dog or  
Hot Dog  
Smile Fries  
Fruit

Breakfast  
Sausage & Cheese  
Biscuit Sandwich  
Fruit & Juice

Lunch  
Chicken Drumstick or  
Popcorn Chicken  
Red Rice  
Fruit & Vegetable

Breakfast  
Breakfast on a Stick  
Fruit

Halloween Lunch  
Cheese Pizza or  
Pepperoni Pizza  
Daily Vegetable & Fruit  
Cheetos!

Every Meal you have a choice of low fat white milk or fat free chocolate or Strawberry Milk

9/24/25

USDA is an equal opportunity provider, employer, and lender.